



ENDOCRINE RESEARCH SOCIETY'S

25TH ANNUAL

BC ENDOCRINE DAY



May 8th, 2026 | 8 AM-4 PM



Vancouver Holiday-Inn Centre (Broadway)

ACCREDITATION

The Division of Continuing Professional Development, University of British Columbia Faculty of Medicine (UBC CPD) is fully accredited by the Continuing Medical Education Accreditation Committee (CACME) to provide CPD credits for physicians.

This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by UBC CPD. You may claim a maximum of 6.0 hours (credits are automatically calculated). This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by UBC CPD for up to 6.0 Mainpro+® Certified Activity credits. Each physician should claim only those credits accrued through participation in the activity.



COURSE DESCRIPTION

Open to general practitioners, internists, specialists, trainees, and allied health professionals, this full-day lecture series offers an interactive case-based review of common endocrine problems encountered in clinical practice. A variety of endocrine health topics will be reviewed including osteonecrosis of the jaw, menopausal hormone therapy, nonsurgical thyroid nodule ablation methods, parathyroid cases, pituitary neuroendocrine tumors, adrenal insufficiency, novel LDL reducing agents, and the muscle mass effects of GLP-1 agents.

COURSE OBJECTIVES

Upon completion of the program, participants will be able to:

1. Describe at least one key endocrine clinical solution, learning point or next step in therapy for each topic presented.
2. Demonstrate updated knowledge of new concepts and technologies for diagnosis and treatment of endocrine patients encountered in office practice.
3. Employ these new clinical skills, technologies and treatment options to improve patient care.

COURSE PLANNING COMMITTEE

Dr. Colette Davis, Family Physician, Vancouver, BC

Dr. Monika Pawlowska, Endocrinologist, Vancouver, BC

Dr. Adam White, Endocrinologist, Vancouver, BC

AGENDA

08:00 **WELCOME**

08:05 **MRONJ THROUGH AN ORAL SURGEON'S LENS**

DR. DAVID YANG

08:35 QUESTIONS & ANSWERS

08:50 **MENOPAUSAL HORMONE THERAPY**

DR. ANGELA LIU

09:20 QUESTIONS & ANSWERS

09:35 **BREAK & SPONSOR EXHIBITION**

09:50 **INTERVENTIONAL MANAGEMENT OF THYROID NODULES**

DR. DENNIS PARHAR

10:20 QUESTIONS & ANSWERS

10:35 **CALCIUM MADE INTERESTING: A POTPOURRI OF PARATHYROID CASES**

DR. SAM WISEMAN

11:05 QUESTIONS & ANSWERS

11:20 **ADRENAL INSUFFICIENCY**

DR. BEN SCHROEDER

11:50 QUESTIONS & ANSWERS

12:05 **LUNCH & SPONSOR EXHIBITION**

13:35 **LIPID DRUGS ON THE HORIZON**

DR. GORDON FRANCIS

14:05 QUESTIONS & ANSWERS

14:20 **PITUITARY NEUROENDOCRINE TUMORS**

DR. JESSICA MACKENZIE-FEDER

14:50 QUESTIONS & ANSWERS

15:05 **LOSING WEIGHT, NOT STRENGTH: MUSCLE PRESERVATION STRATEGIES IN THE GLP-1 ERA**

DR. AKSHAY JAIN

15:35 QUESTIONS & ANSWERS

15:50 **CLOSING REMARKS**

SESSION-SPECIFIC LEARNING OBJECTIVES

MRONJ THROUGH AN ORAL SURGEON'S LENS

- Describe management strategies and outcomes for MRONJ
- Navigate hospital and community-based dental resources in BC
- Reduce MRONJ rates via dentally-driven prevention
- Respond to common queries from dental colleagues effectively
- Minimize disruption to antiresorptive therapy when MRONJ arises

MENOPAUSAL HORMONE THERAPY

- Review current options for menopausal hormone therapy (MHT)
- Discuss indications for starting MHT
- Evaluate safety and efficacy of MHT

INTERVENTIONAL MANAGEMENT OF THYROID NODULES

- Identify appropriate clinical indications for thyroid nodule ablation
- Recognize the pre-ablation workup and post-ablation follow-up for thyroid nodule ablation
- Describe the expected outcomes and potential adverse effects of thyroid nodule ablation

CALCIUM MADE INTERESTING: A POTPOURRI OF PARATHYROID CASES

- Discuss primary hyperparathyroidism and its management, from a surgical perspective, by review of a variety of 'interesting' cases

SESSION-SPECIFIC LEARNING OBJECTIVES

ADRENAL INSUFFICIENCY

- Recognize pathways of adrenal hormone production
- Identify causes of adrenal insufficiency
- Identify signs and symptoms of adrenal insufficiency
- Describe treatment options for adrenal insufficiency
- Describe treating adrenal crisis
- Recognize the differences of adrenal insufficiency in pregnancy

LIPID DRUGS ON THE HORIZON

- Apply currently available lipid-lowering therapies in clinical practice
- Evaluate how bempedoic acid can be incorporated into lowering LDL-cholesterol
- Identify emerging and novel therapies for lowering LDL-cholesterol, lipoprotein(a), and triglycerides

PITUITARY NEUROENDOCRINE TUMORS

- Define PitNETs/PA and review their classification
- Review the primary endocrine conditions associated with PitNETs
- Correlate pathological findings with tumor behaviour and response to treatment
- Provide a framework for these concepts through case discussion

LOSING WEIGHT, NOT STRENGTH: MUSCLE PRESERVATION STRATEGIES IN THE GLP-1 ERA

- Assess current evidence on sarcopenia and muscle loss associated with GLP-1 RA therapy
- Apply practical strategies to maintain muscle health during GLP-1-associated weight reduction in clinical practice

COURSE FACULTY



Dr. David Yang, DDS, FRCD(C)

Oral & Maxillofacial Surgeon and Clinical Assistant Professor, Faculty of Dentistry, UBC

Dr. David Yang is the Provincial Practice Leader in Oral and Maxillofacial Surgery for BC Cancer, where he manages jaw necrosis arising from osteoporosis and cancer therapy. He is PI for the first prospective study on MRONJ in BC, and co-author of the ISOO-MASCC-ASCO guideline for osteoradionecrosis of the jaw.

COURSE FACULTY



Dr. Angela Liu, MD, FRCPC

Clinical Assistant Professor, Division of Endocrinology, Faculty of Medicine, UBC

Dr. Angela Liu is a Clinical Assistant Professor at UBC, and a member of the St. Paul's Hospital Division of Endocrinology. She completed Internal Medicine and Endocrinology subspecialty training at UBC, followed by a Fellowship in Women's Health and Reproductive Endocrinology at the University of Toronto. She has a clinical focus in women's endocrine health, endocrine disorders in pregnancy, and transgender care. Her research interests include the study of models of care for patients with Turner Syndrome and other multisystem reproductive endocrine health concerns. In 2019, she received the PHCRI and St. Paul's Foundation Early Career Clinician Investigator Award in support of her research. She currently participates in the St. Paul's Hospital Women's Endocrine Health Centre and Diabetes Education Centre.

COURSE FACULTY



Dr. Dennis Parhar, MD, FRCPC (IR/DR), S.M.

Interventional Radiologist at Vancouver General Hospital and UBC Hospital & Clinical Instructor with the Department of Radiology, Faculty of Medicine, UBC

Dr. Dennis Parhar is dual Royal College certified in Diagnostic and Interventional Radiology. Raised in the Yukon, he completed medical school and residency at the University of British Columbia, along with a Master of Science in Clinical Epidemiology from Harvard University's T.H. Chan School of Public Health.

He practices full-time Interventional Radiology at Vancouver General Hospital and UBC Hospital, with a special interest in interventional oncology – including advanced ablation techniques for liver, renal, lung, and thyroid lesions.

In 2024, he introduced radiofrequency ablation for thyroid nodules to British Columbia, the only operator currently performing this procedure in Western Canada, and has since performed over 150 ablations.

COURSE FACULTY



Dr. Sam Wiseman, MD, FRCPC, FACS

Attending Surgeon at St. Paul's Hospital & Professor of Surgery with the Division of General Surgery, Faculty of Medicine, UBC

Dr. Wiseman is a high-volume academic thyroid/parathyroid surgeon who practices in Vancouver. He graduated from medical school and completed General Surgery residency training at the University of Manitoba, obtaining his Fellowship in Surgery from the Royal College of Physicians and Surgeons of Canada in 2000. He subsequently completed an AHNS Advanced Training Council Head & Neck Surgery Fellowship, a SSO Surgical Oncology Fellowship, and an Oncology Research Fellowship that was focused on cancer molecular biology, at Roswell Park Cancer Institute.

Dr. Wiseman is a Professor of Surgery at the University of British Columbia and an attending surgeon at St. Paul's Hospital. He is also the Director of Research for the Providence Health Care Department of Surgery and the Chair of the BC Cancer Surgery Thyroid Cancer Tumour Group. Dr. Wiseman has authored over 200 peer-reviewed scientific publications, numerous book chapters and is an editor of the textbooks *Gray's Surgical Anatomy*, and the subspecialty textbook *50 Landmark Papers Every Thyroid/Parathyroid Surgeon Should Know*. His research has been presented at meetings and centers across the world. He is a recognized international expert in the management of thyroid and parathyroid disease and has been a visiting professor at surgical centers located in many different countries.

Dr. Wiseman has received many awards and honours that include the Michael Smith Scholar Award, the Richard J. Finley Scholar Award, Canada's Top 40 Under 40 Award, and an ACS Travelling Fellowship to Japan. He was also the first recipient of the UBC Department of Surgery Research Mentorship Award. He is a former president of the North Pacific Surgical Association, and is a Director of the James IV Association of Surgeons (Canada), and a Governor of the American College of Surgeons. Dr. Wiseman is passionate about education and mentors and supervises many trainees, both clinically and in research.

COURSE FACULTY

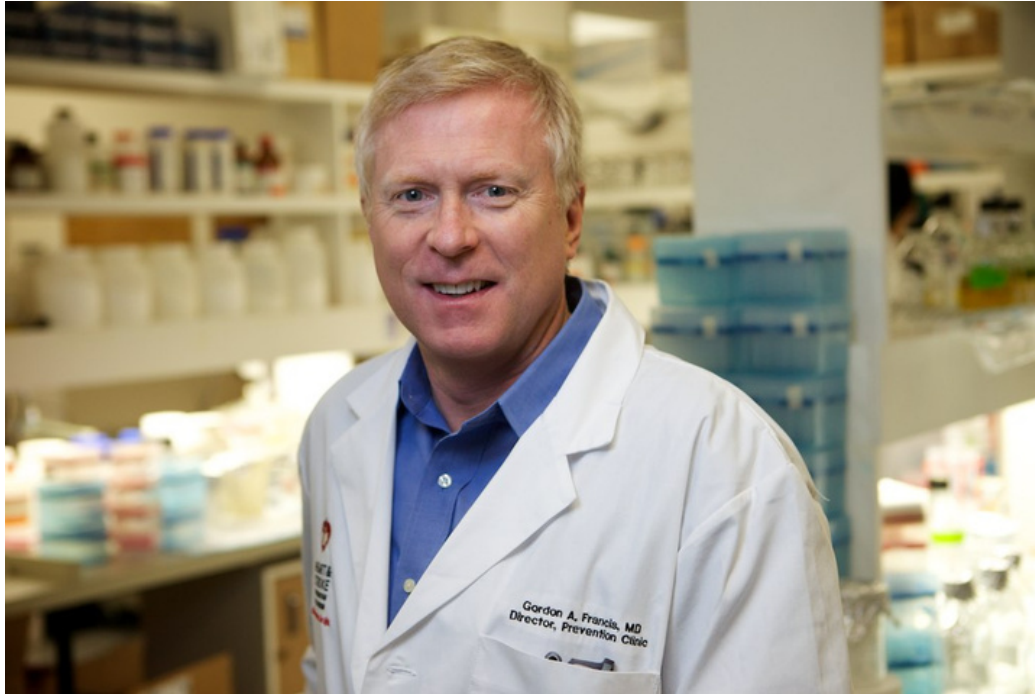


Dr. Benjamin Schroeder, MD, FRCPC

Endocrinologist at St. Paul's Hospital & Clinical Assistant Professor with the Division of Endocrinology, Faculty of Medicine, UBC

Dr. Ben Schroeder practices in Vancouver, Squamish as well as visiting clinics in the Sea to Sky region and Bella Bella. He has privileges at St. Paul's Hospital and is a Clinical Assistant Professor with the UBC Department of Medicine, Division of Endocrinology.

COURSE FACULTY



Dr. Gordon Francis, MDCM, FRCPC, FAHA

Professor of Medicine, Division of Endocrinology and Metabolism, Faculty of Medicine, UBC

Dr. Gordon Francis is the Beedie Family Professor of Cardiovascular Disease Prevention in the UBC Department of Medicine and Division of Endocrinology and Metabolism, a clinical lipid specialist, and a physician scientist member of the UBC Centre for Heart Lung Innovation. His clinical and research work focuses on management of dyslipidemias and the role excess cholesterol plays in the formation and regression of atherosclerosis. He was Director of the Healthy Heart Program Prevention Clinic from 2007-2020 and has been a member of the CCS Canadian Lipid Guidelines Panel since 2009.

COURSE FACULTY



Dr. Jessica MacKenzie-Feder, MD, FRCPC

Clinical Assistant Professor, Division of Endocrinology, Faculty of Medicine, UBC

Dr. Jessica MacKenzie-Feder completed her medical school at McGill University and Internal Medicine Residency at the University of British Columbia. She completed her Endocrinology fellowship at UBC with additional training in pituitary disorders and Cushing's syndrome at the University of Montreal and University of Alberta.

Her clinical interests include pituitary disease, diabetes in pregnancy and polycystic ovary syndrome.

Dr. MacKenzie-Feder is part of the pituitary rotation for the UBC Endocrinology Fellows where she devotes her expertise and knowledge in this area.

COURSE FACULTY



Dr. Akshay Jain, MD, FRCPC, FACE, CCD, ECNU, DABOM

Clinical and Research Endocrinologist, UBC and TLC Diabetes and Endocrinology, Surrey, BC

Dr. Akshay Jain is the first Canadian physician to be triple board-certified by the American Boards in Endocrinology, Internal Medicine and Obesity Medicine. He trained in Internal Medicine at Rochester, NY where he became the only 4-time winner of the prestigious Rochester Academy of Medicine Awards. He completed his Fellowship in Endocrinology at Harbor UCLA/City of Hope in Los Angeles, CA.

He is the only non-American physician to win the AACE Rising Star in Endocrinology Award (2022) and to feature on Medscape's list of 25 Top Rising Stars of Medicine (2020). He is the first North American to win the prestigious Etzwiler Diabetes Scholarship at the International Diabetes Center and Mayo Clinic in MN, USA.

He is a co-author of the 2025 Obesity Canada Guidelines chapter on Pharmacotherapy and the 2023 Diabetes Canada Guidelines chapter on Mental Health and Diabetes. He is a renowned educator and has spoken at over 1000 medical conferences/events across the world till date. He is also the co-chair of the Obesity Update and Diabetes Update annual conferences. He is a question writer for the Endocrine Society Self-Assessment Program (ESAP) and has active YouTube/Instagram channels dedicated to patient education with thousands of views till date.

He is fluent in 6 languages including English, Hindi, Gujarati, Marathi, Marwari and Urdu. He is a winner of the Top 25 Canadian Immigrant Award, the Fraser Health Innovator Award, the Healthcare Achievement Award by Drishti Magazine and was also featured on The Peak's list of Emerging Leaders of Canada.



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